

**Self-appraisal of Caving and Leadership Skills:**

**Name:**

The checklist below will enable you to assess yourself in the areas of **horizontal caving skills** and **leadership of horizontal caving trips**. Competence refers to the level of skill, knowledge and attitude required to perform these tasks at a satisfactory level within a horizontal cave. There is, of course, a range of variables within the caving situation.

I am a financial Full Member of VSA and I am confident that I:	Competent	Not yet Competent
Would be able to demonstrate movement safely & efficiently through a horizontal cave		
Would be able to identify hazards commonly present and show strategies for dealing with them, considering the experience and skills of the trip participants. Be able to negotiate features of caves e.g. stream passage, squeeze, rockpile, short vertical section.		
Communicate the appropriate information on the trip objective and likely hazards to the rest of the party		
Navigate to a cave and through a cave competently.		
Possess a copy of, and understand the ASF Safety, Ethics and Conservation, Minimum Impact codes, Risk Management policy and Victorian Adventure Activity Standards.		
Can show techniques for negotiating sensitive or fragile areas and moving through a cave with minimal impact. Identify types of damage and inappropriate foreign material found in caves.		
Own, use and maintain appropriate protective clothing for caving: eg caving suits, boots, helmet, lights, gloves. Own or have access to and be able to maintain group equipment. Know how to use the appropriate equipment.		
Ensure that trip members are appropriately briefed on trip arrangements and requirements including food, accommodation, transport and caving equipment.		
Understand cave access issues and requirements & be able to negotiate access for a trip.		
Have knowledge of different types of caves and caving areas in Victoria. (List any interstate areas known also)		
Apply safety procedures at a personal level including how to tie appropriate knots suitable for a simple belay over a difficult area.		
Ensure that appropriate risk management strategies are implemented including that the trip is listed with the Program Organiser. Follow the club procedures for the conduct of a trip.		
Know and be able to implement procedures to follow in a newly discovered cave		
Be able to move a party through a cave environment efficiently and safely, causing minimum impact.		
Manage a group, including managing a group with inexperienced cavers		

**Date**

**Signature**

**Peer appraisal of Caving & Leadership Skills Name of peer (must be a financial full member of VSA): \_\_\_\_\_**

I have been caving with \_\_\_\_\_ within the last 12 months. He/she has shown competence in the following areas:

	<b>Competent</b>	<b>Not yet competent</b>
Is be able to demonstrate movement safely & efficiently through a horizontal cave		
Identify hazards commonly present and show strategies for dealing with them, considering the experience and skills of the trip participants. Be able to negotiate features of caves e.g. stream passage, squeeze, rockpile, short vertical section.		
Communicate the appropriate information on the trip objective and likely hazards to the rest of the party		
Be able to navigate to a cave and through a cave.		
Possess a copy of, and understand the ASF Safety, Ethics and Conservation, Minimum Impact codes, Risk Management policy and Victorian Adventure Activity Standards.		
Show techniques for negotiating sensitive or fragile areas and moving through a cave with minimal impact. Identify types of damage and inappropriate foreign material found in caves.		
Own, use and maintain appropriate protective clothing for caving: eg caving suits, boots, helmet, lights, gloves. Own or have access to and be able to maintain group equipment. Know how to use the appropriate equipment.		
Ensure that trip members are appropriately briefed on trip arrangements and requirements including food, accommodation, transport and caving equipment.		
Understand cave access issues and requirements & be able to negotiate access for a trip.		
Have knowledge of different types of caves and caving areas in Victoria. (List any interstate areas known		
Apply safety procedures at a personal level including how to tie knots suitable for a simple belay over a difficult area.		
Ensure that appropriate risk management strategies are implemented including that the trip in listed with the Program Organiser. Follow the club procedures for the conduct of a trip.		
Know and be able to implement procedures to follow in a newly discovered cave		
Be able to move a party through a cave environment efficiently and safely, causing minimum impact.		
Manage a group, including managing a group with inexperienced cavers		

Any other comments (Please attach any further comments if there is insufficient space:

Signed \_\_\_\_\_ Date \_\_\_\_\_

**Self-appraisal of Vertical (ladder) Cave Leadership Skills:**

**Name:**

The checklist below will enable you to assess yourself in the areas of vertical (ladder) caving and leadership skills. Competence refers to the level of skill, knowledge and attitude required to perform these tasks at a satisfactory level within a vertical cave. There is, of course, a range of variables within the caving situation.

	<b>Competent</b>	<b>Not yet competent</b>
I feel confident that in a vertical (ladder) caving situation I would be able to demonstrate leading a caving trip to a vertical cave using ladders:		
Hold and implement the horizontal caving skill and leadership level		
Identify the vertical hazards likely to be present in the cave and show how to avoid them		
Able to select, fit and use laddering equipment; demonstrate correct laddering technique		
Able to select, fit and use abseiling equipment correctly and safely; demonstrate correct abseiling technique		
Apply safety procedures including appropriate equipment, at a personal level and ensure this information is communicated to the party.		
Possess a copy of, and understand the ASF Safety, Ethics and Conservation, Minimum Impact codes and Risk Management Policy, and Victorian Adventure Activity Standards as applying to laddering, abseiling and belaying.		
Be able to deal with non-routine situations whilst laddering, abseiling and belaying		
Be able to rig using natural or artificial anchors for laddering, abseiling and for belay systems		
Ensure that the trip participants are aware of and adhere to ASF codes of practice		
Ensure that appropriate risk management strategies are implemented including that the trip is listed with the Program Organiser		
Be able to move a party through a vertical cave environment efficiently and safely causing minimum impact		
De rig ropes and ladders safely and transport ropes and ladders appropriately		
Be able to use and establish an appropriate ladder, abseil and belay systems for dependent cavers		
Lead a group through a cave involving laddering and abseiling.		
Manage a group in a vertical cave situation		

**Date**

**Signature**

**Peer appraisal of Vertical (ladder) Cave Leadership Skills**

**Name of peer:**

I have been caving with \_\_\_\_\_ within the last 12 months. He/she has shown leadership competence in the following areas:

	<b>Competent</b>	<b>Not yet competent</b>
Hold and implement the horizontal caving skill and leadership level		
Identify the vertical hazards likely to be present in the cave and show how to avoid them		
Able to select, fit and use laddering equipment; demonstrate correct laddering technique		
Able to select, fit and use abseiling equipment correctly and safely; demonstrate correct abseiling technique		
Apply safety procedures including appropriate equipment, at a personal level and ensure this information is communicated to the party.		
Possess a copy of, and understand the ASF Safety, Ethics and Conservation, Minimum Impact codes and Risk Management Policy, and Victorian Adventure Activity Standards as applying to laddering, abseiling and belaying.		
Be able to deal with non-routine situations whilst laddering, abseiling and belaying		
Be able to rig using natural or artificial anchors for laddering, abseiling and for belay systems		
Ensure that the trip participants are aware of and adhere to ASF codes of practice		
Ensure that appropriate risk management strategies are implemented including that the trip is listed with the Program Organiser		
Be able to move a party through a vertical cave environment efficiently and safely causing minimum impact		
De rig ropes and ladders safely and transport ropes and ladders appropriately		
Be able to use and establish an appropriate ladder, abseil and belay systems for dependent cavers		
Lead a group through a cave involving laddering and abseiling. Manage a group in a vertical cave situation.		
Hold and implement the horizontal caving skill and leadership level		
Identify the vertical hazards likely to be present in the cave and show how to avoid them		

Any other comments:

Signed \_\_\_\_\_

Date \_\_\_\_\_

**Self-appraisal of Vertical (SRT) Cave Leadership Skills:**

**Name:**

The checklist below will enable you to assess yourself in the areas of vertical (SRT) caving and leadership skills. Competence refers to the level of skill, knowledge and attitude required to perform these tasks at a satisfactory level within a vertical cave. There is, of course, a range of variables within the caving situation.

I feel confident that in a vertical (SRT) caving situation I would be able to demonstrate leading a caving trip to a vertical cave:

	<b>Competent</b>	<b>Not Yet competent</b>
Hold and implement the horizontal caving skill and leadership level		
Identify the vertical hazards likely to be present in the cave and show how to avoid them		
Able to select, fit and use SRT equipment; demonstrate correct SRT techniques including negotiating obstacles, rebelay, redirections, changeovers		
Demonstrate advanced climbing techniques		
Apply safety procedures including appropriate equipment at a personal level; optimise personal SRT rig to perform advanced techniques		
Possess a copy of, and understand the ASF Safety, Ethics and Conservation, Minimum Impact codes & Risk Management Policy and Victorian Adventure Activity Standards as applying to vertical caving especially SRT.		
Be able to deal with non-routine situations in SRT situations		
Be able to rig using natural or artificial anchors for SRT; solve complex rigging problems		
Ensure that the trip participants are aware of and adhere to ASF codes of practice		
Ensure that appropriate risk management strategies are implemented including that the trip is listed with the Program Organiser/ Trip leader		
Be able to move a party through a cave environment efficiently and safely causing minimum impact using SRT techniques		
De rig ropes safely and transport ropes appropriately		
Be able to use and establish an appropriate SRT and belay systems for dependent cavers		
Lead a group through a cave involving SRT techniques		
Evaluate a vertical caving emergency and indicate a range of strategies for dealing with it; develop a plan of action. Indicate a range of rescue techniques		

**Date**

**Signature**

**Peer appraisal of Vertical (SRT) Cave Leadership Skills**

**Name of peer:**

I have been caving with \_\_\_\_\_ within the last 12 months. He/she has shown leadership competence in the following areas:

	<b>Competent</b>	<b>Not Yet competent</b>
Hold and implement the horizontal caving skill and leadership level		
Identify the vertical hazards likely to be present in the cave and show how to avoid them		
Able to select, fit and use SRT equipment; demonstrate correct SRT techniques including negotiating obstacles, rebelay, redirections, changeovers		
Demonstrate advanced climbing techniques		
Apply safety procedures including appropriate equipment at a personal level; optimise personal SRT rig to perform advanced techniques		
Possess a copy of, and understand the ASF Safety, Ethics and Conservation, Minimum Impact codes & Risk Management Policy and Victorian Adventure Activity Standards as applying to vertical caving especially SRT.		
Be able to deal with non-routine situations in SRT situations		
Be able to rig using natural or artificial anchors for SRT; solve complex rigging problems		
Ensure that the trip participants are aware of and adhere to ASF codes of practice		
Ensure that appropriate risk management strategies are implemented including that the trip is listed with the Program Organiser/ Trip leader		
Be able to move a party through a cave environment efficiently and safely causing minimum impact using SRT techniques		
De rig ropes safely and transport ropes appropriately		
Be able to use and establish an appropriate SRT and belay systems for dependent cavers		
Lead a group through a cave involving SRT techniques		
Evaluate a vertical caving emergency and indicate a range of strategies for dealing with it; develop a plan of action. Indicate a range of rescue techniques		

Any other comments:

Signed \_\_\_\_\_

Date \_\_\_\_\_

**Self-appraisal of Expedition Caving skills:**

**Name:**

The checklist below will enable you to assess yourself in the areas of expedition skills. Competence refers to the level of skill, knowledge and attitude required to perform these tasks at a satisfactory level within a horizontal cave. There is, of course, a range of variables within the expedition situation.

I feel confident that in an expedition caving situation I would be able to demonstrate movement safely and efficiently through a cave:

	<b>Competent</b>	<b>Not yet competent</b>
Hold and implement the horizontal caving skill and leadership level		
Possess a copy of, and understand the ASF Safety, Ethics and Conservation, Minimum Impact codes, Risk Management Policy and Victorian Adventure Activity Standards as applies to expeditions, inc. International, interstate and Indigenous areas		
Show techniques for negotiating sensitive or fragile areas and moving through a cave with minimal impact. This includes access to sensitive areas by vehicle. Identify types of damage and inappropriate foreign material found in caves.		
Own (or have access to), use and maintain appropriate clothing and equipment for caving on an expedition;		
Own or have access to and maintain group equipment		
Understand cave access issues and requirements in remote areas.		
Understand documentation issues on expeditions and be able to implement appropriate measures		
Have a knowledge of different types of caves and caving areas		
Understand issues of personal and group safety eg camping, hygiene, food storage, fires, water supplies etc		
Ensure that appropriate risk management strategies are implemented including that the trip is listed with the Program Organiser		
Implement procedures to follow in a newly discovered cave in an expedition situation.		
Be able to implement appropriate communication strategies for expedition caving		
Be able to facilitate an expedition		

**Date**

**Signature**

**Peer appraisal of Caving Skills:**

**Name of peer:**

I have been caving with \_\_\_\_\_ within the last 12 months. He/she has shown competence in the following areas:

	<b>Competent</b>	<b>Not yet competent</b>
Hold and implement the horizontal caving skill and leadership level		
Possess a copy of, and understand the ASF Safety, Ethics and Conservation, Minimum Impact codes and Victorian Adventure Activity Standards as applies to expeditions, inc. International and Indigenous areas		
Show techniques for negotiating sensitive or fragile areas and moving through a cave with minimal impact. This includes access to sensitive areas by vehicle. Identify types of damage and inappropriate foreign material found in caves.		
Own, use and maintain appropriate clothing and equipment for caving on an expedition;		
Own or have access to and maintain group equipment		
Understand cave access issues and requirements in remote areas.		
Have a knowledge of different types of caves and caving areas		
Understand issues of personal and group safety eg camping, hygiene, food storage, fires, water supplies etc		
Ensure that appropriate risk management strategies are implemented including that the trip is listed with the Program Organiser		
Implement procedures to follow in a newly discovered cave in an expedition situation.		
Be able to implement appropriate communication strategies for expedition caving		
Be able to facilitate an expedition		
Hold and implement the horizontal caving skill and leadership level		

Any other comments:

Signed \_\_\_\_\_ Date \_\_\_\_\_