

VSA CAVING COURSE 2022

Information leaflet

General information:

This is a comprehensive caving course with 40 hours with both theoretical and practical content. The course is focused on caving in Victoria as well as general caving concepts.

The course is for both beginners and those members who'd like a refresher or to expand their knowledge.

The VSA will provide the necessary common equipment for the practical components, although you should bring your personal SRT kit, if you have one. In case you don't yet have your own SRT kit please, fill the option in the linked form.

Additional information for the course:

Equipment:

- The VSA will provide you with all the general equipment, such as ropes, carabiners, etc.. nevertheless, you should bring:
- Your own SRT kit: harness, helmet with lights (two), batteries, cow tails, ascender, descender, croll and foot loops.
- Clothes appropriate for caving (preferably overalls) and protectors (gloves and knee pads).
- A bag to take into the caves.

Locations:

- ★ Labertouche/ Britannia
- ★ Falcon's lookout (Werribee)
- ★ Homeleigh (Buchan)

Accommodation: Homeleigh (Buchan)

How can I make the booking?

1. Please, fill the VSA Caving Course registration form:

<https://docs.google.com/forms/d/1qDp2UsjHPtA8S48fSFlv6a08uxPO7MfFP7bRqK3LwQo/edit>

2. Make the corresponding financial contribution to the course to the VSA account:

BSB: 063011 ACCOUNT:10087011

3. If you are going to book your accommodation during the weekend at Homeleigh (Buchan), for the technical practices, please, fill the option in the registration form.

Course Coordinator:

Aranzazu Gea

Schedule

Theoretical	Day	Hour	Subject	Content
	Monday 2/05/22	19:00-20:15	Gear and Prevention	Right gear, forecast, timing, diet, training...
		20:15-21:30	Geology	Highlights and geological features about Victorian caves and its geomorphology
	Thursday 5/05/22	19:00-20:15	Topography	How to read a topography and collect data with devices.
		20:15-21:30	Biospeleology	Victorian biospeleology features and main species.
	Monday 9/5/22	19:00-20:15	Rescue & Protocols	Policies, including ASF safety guidelines
		19:00-21:30	Conservation and human presence	How we interact with caves and the impact we make in them.
	Wednesday 11/5/22	19:00-20:30	Horizontal and Vertical Techniques	Some tips about how we should progress in a cave and its installation.
Total hours	9 hours			
Practices	Saturday 7/5/22	9:00-17:00	Topography practices	Practices in Britannia or Labertouche cave
	Sunday 8/5/22	9:00-17:00	SRT practices	Practices in Falcon's lookout (Werribee)
	Saturday 14/5/22	9:00-17:00	Horizontal and SRT practices	Practices in Buchan
	Sunday 15/5/22	9:00-16:00		
	Total hours	31 hours		

Price:

We ask all the participants to pay the below to help us cover the expense of the course.
Maximum number of attendants: 20

ASSISTANTS	CONTRIBUTION
Price VSA members	\$60
Price covers from other ASF associated clubs (covered by ASF insurance)	\$80
Price non-members (includes VSA introductory membership fee)	\$100